



15<sup>th</sup> May 2009

**The following list of products has no cereals containing gluten or ingredients derived from cereals containing gluten.**

This information is correct at date of issue and may be subject to change. Please check the product ingredient list on labels before consuming a product.

### **MILK PRODUCTS**

NESTLÉ Sweetened Condensed Milk  
NESTLÉ Sweetened Condensed Skim Milk  
CARNATION Sweetened Condensed Milk  
NESTLÉ Reduced Fat Cream  
CARNATION Creamy Evaporated Milk  
CARNATION Light & Creamy Evaporated Milk  
CARNATION Creamy Coconut Flavoured Evaporated Milk  
BEAR BRAND Full Cream Evaporated Milk  
BEAR BRAND Reduced Fat Evaporated Milk  
NESTLÉ Coffee & Milk  
NAN Pro 1 GOLD with Bifidus Infant Formula  
NAN Pro 2 GOLD with Bifidus Infant Formula  
NAN HA 1 GOLD with Bifidus Infant Formula  
NAN HA 2 GOLD with Bifidus Infant Formula  
NAN Pro 3 GOLD with Bifidus Infant Formula  
NAN HA 3 GOLD with Bifidus Infant Formula  
LACTOGEN Infant Formula  
NESLAC Toddler GOLD Growing Up Milk with Bifidus  
NESTLÉ Top 'n Fill Caramel  
NESTLÉ SUNSHINE Instant Full Cream Milk Powder  
NESTLÉ Powdered Coffeemate  
NESTLÉ Liquid Coffeemate

### **BEVERAGES**

NESCAFÉ Coffee range  
NESCAFÉ Café Menus Coffee Mixes – all flavours except Mocha, Skim Mocha, Vanilla, Skim Cappuccino, and Skim Latte.  
INTERNATIONAL ROAST Coffee range  
NESQUIK Natural Colours & Flavours  
NESQUIK Plus – Chocolate  
NESTLÉ Double Blend Hot Chocolate  
NESTLÉ Alpen Blend

For an updated list visit [www.nestle.com.au/allergencentre](http://www.nestle.com.au/allergencentre)

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**PERFORMANCE NUTRITION**

**MUSASHI Amino Acids and Supplements**

Acetyl L-Carnitine powder	Glycine powder	Kuan: The Creative powder
Carnitine capsule	Growling Dog Creatine powder	K'un: The Receptive powder
Carnitine with Co-Enzyme Q10+ capsule	HMB capsule	L-Alanine
Chen: The Arousal powder	Huan: The Dispersion powder	L-Arginine powder
Choline Bitartrate powder	Inosine powder	L-Aspartic Acid powder
Cysteine powder	Inositol powder	L-Carnitine powder
Con-Enzyme Q10 capsule	Joint Support Glucosamine HCl capsule	L-Glutamic Acid powder
Creatine Monohydrate powder	L-Histidine powder	L-Glutamine powder
Creatine Muscle Stack powder	L-Isoleucine powder	L-Leucine powder
Creatine Recovery Stack powder	L-Methionine powder	L-Ornithine powder
f Metabolise Formula powder	L-Phenylalanine powder	L-Proline powder
Fat Metaboliser with Carnitine capsule	Ni: Nourishment capsule	Muscle Recovery: BCAA's
Tribulus Terrestris capsule	L-Serine powder	Mega Fat Metaboliser capsule
Mega CCG capsule	Mega Antioxidant Formula capsule	Lysine powder
L-Valine powder	L-Tyrosine powder	L-Threonine powder
Phenylalanine capsule	Taurine powder	ZMA + capsule

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**Carbonated & Still Drinks:**

MUSASHI - e Energy Formula Drink  
MUSASHI – e Shot Drink  
MUSASHI - f Fat Free Drink  
MUSASHI – Growling Dog Carbonate Cola  
MUSASHI – Muscle Carbonated Drink  
MUSASHI – P30 Protein Drink  
MUSASHI – P30 Protein with Carbohydrates  
MUSASHI – r Recovery Formula Drink  
MUSASHI – Recovery Carbonated Drink  
MUSASHI – SLM Cola Carbonated Drink  
MUSASHI – Spring Water  
MUSASHI – w Workout Drink

**NOTE:** In regard to Carbonated & Still Drinks the only product that may contain gluten is: MUSASHI Electrolyte Replacement Formula. The gluten containing ingredient has been removed however given the long shelf life of this product there is the potential for both gluten-free & 'may contain' gluten stock to be on shelf at the same time. Hence, at this point in time MUSASHI Electrolyte Replacement Formula product has been omitted from this list.

**HEALTHCARE NUTRITION**

SUSTAGEN- All varieties

**FOODS**

MAGGI Gluten Free Recipe mixes  
MAGGI Powdered Gluten Free Gravy and Sauce  
COUNTRY CUP Gluten Free soups

**MAGGI LIQUID PRODUCTS**

MAGGI Hot Chilli Sauce  
MAGGI Sweet Chilli Sauce  
MAGGI Fish Sauce

**CHOCOLATE**

NESTLÉ Choc Bits - Dark, Milk and White  
NESTLÉ Melts - Dark, Milk and White  
PLAISTOWE 63% Cocoa Couverture  
NESTLÉ Baking Cocoa  
AERO Milk and Minty Bubbles  
BACI Chocolates  
NESTLÉ Golden Rough  
NESTLÉ Scorched Almonds Original Milk

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**NUTRITIONAL SNACKS**

UNCLE TOBYS Fruit Fix Bars – All Flavours  
UNCLE TOBYS Popcorn – Natural, Butter, Extreme Butter, Light Butter

**CONFECTIONERY**

LIFE SAVERS – Musk, Pep-o-mint, 5 Flavours, Strawberry Sundae  
ALLEN'S Freckles  
ALLEN'S Lollipops  
ALLEN'S Milko Chews  
ALLEN'S MINTIES  
ALLEN'S OddFellows Mints  
ALLEN'S Sherbies  
ALLEN'S Chew Mix  
WONKA Fruit Tingles and Berry Tingles  
WONKA Gobstoppers  
WONKA Redskins Sticks; Made in New Zealand only  
WONKA Nerds - Neon, Grape and Strawberry  
WONKA Nerds Rope

**ICE CREAM & ICE CONFECTION**

NESTLÉ PETERS ICY POLE Lemonade, Raspberry  
NESTLÉ LIFE SAVERS Five Flavour ice confection  
NESTLÉ PETERS No Sugar Added